TOP 10 TECHNOLOGY HAZARDS FOR 2012

Health technology offers countless benefits. It also presents numerous risks. Most of these can be avoided—with work. But in a constantly changing environment, it’s not always easy to know where best to concentrate your efforts. Our annual list will help you make smart decisions about your safety initiatives during 2012.

Deciding how to prioritize your efforts when tackling the risks associated with healthcare technology is a continual challenge. Device planning, selection, implementation, use, and support—all these (and more) figure into the choice of which risks to give the greatest attention.

Not only are there a lot of areas to consider, but also the technology-safety landscape changes all the time—a new safety technology is introduced, or a new regulation is issued, or a well-recognized hazard makes national headlines, and suddenly you’re forced to reexamine your priorities.

That’s why our list of the top 10 health technology hazards is updated each year. To help you focus on the most pressing safety issues over the next 12 months. To develop the list, we’ve weighed a number of factors, particularly those listed below. You can examine the same factors when judging the criticality of each of these hazards for your own facility.

- **How harmful is it?** Can it kill someone or cause serious injury?
- **How likely is it?** Does it happen often, or very rarely?
- **How widespread is it?** If it occurs, is it likely to affect a great number of people, or will the effects be very confined?
- **Is it a high-profile problem?** Has it been reported in the media, and are you likely to be under pressure to deal with it quickly and conspicuously?

Although this article focuses on specific technology hazards, there are steps you should be taking throughout your facility to make your safety initiatives as effective as possible. See the box titled “General Recommendations” on page 362 for a list of those steps.

Finally, we urge you to share this list with others throughout your facility. The hazards in this list affect a wide variety of departments and personnel, including risk management, hospital administration, clinicians, clinical engineering, information technology (IT), nurse managers, and materials management. We encourage you to alert staff in those areas to this list and its recommendations.
1. Alarm Hazards

Many medical devices in the hospital, such as physiologic monitors (including telemetry monitors), ventilators, infusion pumps, and dialysis units, rely on alarms to help protect patients. But the alarm systems on these devices can also be the source of problems, and there are times when alarms actually contribute to the occurrence of adverse events.

Alarm-related adverse incidents may result from a variety of factors:

1. Alarm fatigue, in which staff become overwhelmed by the sheer number of alarms. This can result in alarm desensitization, which in turn can lead to missed alarms or delayed alarm response. Consequently, staff may take inappropriate steps such as:
   a. Improperly adjusting alarm limits outside the safe and appropriate range for a particular patient in an attempt to reduce the number of alarms. If such modifications are made without careful consideration of the patient’s condition and the alarm’s function, the alarm may be set in such a way that it effectively becomes disabled.
   b. Turning down the volume of alarms to an inaudible level in an attempt to reduce alarm fatigue and reduce stress on the patient and family.
2. Staff being unable to distinguish the urgency level of alarms or tell which device an alarm is coming from.
3. Alarms not being restored to the active setting after being put on standby (e.g., while the patient has left the floor for testing).
4. Alarms not being properly relayed to ancillary notification systems (e.g., paging system, wireless phones), potentially leading to a failure to notify relevant staff.
5. A lack of adequate alarm-notification and -response protocols.
6. Failure to promptly troubleshoot and correct leads-off alarms or frequent nuisance alarms caused by artifact.
Alarm safety continues to receive attention. For example, in early 2011, the Boston Globe published a series of articles reviewing periodic efforts by FDA and the Joint Commission to address alarm fatigue. And on October 4 and 5, 2011, a summit on alarm safety was held to achieve a consensus on alarm-safety problems and develop specific action plans. It was co-convened by ECRI Institute, the Association for the Advancement of Medical Instrumentation (AAMI), FDA, the American College of Clinical Engineering (ACCE), and the Joint Commission.

ECRI Institute has produced a poster called “Strategies to Improve Monitor Alarm Safety.” It is shown on page 361. You can also download a free copy at www.ecri.org/Documents/Monitor%20Alarm%20Safety_Poster%20Presentation.pdf.

Recommendations

Reducing alarm-related adverse incidents and setting up an alarm management program are very complex tasks. They require in-depth assessment of the organization as a whole, as well as each individual care area. Trying to fix one item in isolation may provide only a partial solution and may also introduce new opportunities for failure. While some of our recommendations are specific to individual care areas, and are important to consider, don’t let them keep you from looking at the bigger picture.

- Examine the entire alarm environment when setting up your facility’s alarm management program for each care unit. Your review should take into account items such as:
  - The full complement and configuration of equipment in use (e.g., physiologic monitoring system [including telemetry], ventilators, infusion pumps, bed-exit alarms, nurse call) and how it’s configured, as well as any associated ancillary alarm-notification technologies
  - Staffing levels, staffing patterns, and care model
  - The physical layout of the care unit

- Establish protocols for alarm-system settings. These should include defining the default alarm settings for the specific care unit—that is, which alarms are active and what their limits are. Additionally, establish protocols to guide caregivers in tailoring alarm limits to individual patients to ensure that the appropriate staff are notified of clinically significant alarms.

- Establish alarm-notification and -response protocols that ensure that each alarm will be recognized, that the appropriate caregiver will be alerted, and that the alarm will be promptly addressed.
  - Clearly assign responsibilities to staff, including who is responsible for recognizing the alarm once it is issued by the device, who is responsible for delivering the necessary alarm information (e.g., existence of an alarm condition, identity of affected patient, reason for alarm, alarm priority) to the responsible caregiver, and who is directly responsible for addressing the alarm.
  - Establish backup-coverage protocols to ensure that someone responds promptly when the primary caregiver is not available.
  - Ensure that the correct pager/phone is assigned to the correct caregiver (e.g., that it is properly programmed to account for staffing changes from shift to shift).

- Establish policies to control alarm silencing, modification, and disabling.

- For new care areas, be sure to consider the issues discussed above from the

THE HAZARDS AT A GLANCE

1. Alarm hazards
2. Exposure hazards from radiation therapy and CT
3. Medication administration errors using infusion pumps
4. Cross-contamination from flexible endoscopes
5. Inattention to change management for medical device connectivity
6. Enteral feeding misconnections
7. Surgical fires
8. Needlesticks and other sharps injuries
9. Anesthesia hazards due to incomplete pre-use inspection
10. Poor usability of home-use medical devices
STRATEGIES TO IMPROVE MONITOR ALARM SAFETY

Alarm Management is Complex

1. Assemble a multidisciplinary team
   - Administrative sponsor (e.g., CNO, VP Quality)
   - Key medical staff
   - Nurse managers
   - Front-line nurses
   - Monitor technicians
   - Patient safety/risk manager
   - Clinical engineering staff
   - IT staff
   - Consult with others, as appropriate

2. Review recent events and near misses
   - Root causes
   - Frequency of alarm types
   - Aggregate of alarm types per care area/shift
   - Review remediation/results
   - Trends

3. Observe alarm coverage processes and ask nurses and other staff about their concerns
   - Routine rounding
   - Listen to staff concerns/problems
   - Mag processes for alarm notification and response
   - Identify obvious problems
   - Excessive alarms
   - Difficulty in hearing alarms
   - Delayed alarm response
   - Pagers not being worn

4. Review entire alarm coverage system
   - Culture
   - Infrastructure
   - Practices
   - Technology

5. Identify patient safety vulnerabilities and potential failures

6. Develop realistic, implementable strategies to address underlying causes

FAILURES
- Delayed alarm response
- Transport Communication Breakdown
- Leads-off Apathy
- Alarm Fatigue

CAUSES
- Diffuse responsibility for alarm response
- Competing priorities
- Assumptions that someone else will respond
- Excessive nuisance alarms

THINGS TO CONSIDER
- Delineate responsibility for alarm response
- Develop a back-up plan with tiers of coverage
- Delineate responsibility for back-up response
- Implement two-way communication devices that would allow a nurse to request help
- Develop an alarm escalation scheme
  - Who receives initial alarm notification for each type of alarm
  - Who receives back-up alarm notification for each type of alarm
  - Time intervals per escalation

TODAY FIXES
- Proper skin prep
- Proper electrode placement
- Routine change of electrodes
- Battery replacement every 24 hours
- Elevate “Leads-Off Alarms” to crisis priority

Minimize patient safety vulnerabilities and reduce risk

Improve the effectiveness and efficiency of alarm management

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GENERAL RECOMMENDATIONS

In addition to the specific advice provided for each hazard in the Top 10 list, there are certain recommendations that should be followed throughout your facility:

- Ensure that device-related safety is a corporate priority.
- Ensure that all clinical staff are qualified (trained, licensed, or certified) for the equipment and treatments offered.
- Ensure that device problems and incidents are included in a facility-wide adverse event reporting system.
  - Design the reporting system to be nonpunitive.
  - Encourage staff to report all events, including near misses, to the manufacturer, ECRI Institute, and the appropriate regulatory agency (e.g., FDA).
  - Institute a standard procedure to assess reported events (including near misses), and establish criteria for determining when events require further analysis, including root-cause analysis.
- Before putting devices into service, look for outstanding hazard notices or other safety problems, such as those reported in Health Devices Alerts.

Resources

Health Devices:


“Alarm-Notification Problem Spotlighted in Boston Globe Is All Too Common” (Safety Note, 2010 Apr).

“The Hazards of Alarm Overload: Keeping Excessive Physiologic Monitoring Alarms from Impeding Care” (Guidance Article, 2007 Mar).


ECRI Institute’s Alarm Safety Resource Site (www.ecri.org/Forms/Pages/Alarm_Safety_Resource.aspx).

ECRI Institute’s Patient Safety Blog:


ECRI Institute web conference:


Addional resources:

Association for the Advancement of Medical Instrumentation. Horizons 2011 Spring (focus on improving medical alarm systems). Also available: www.aami.org/alarms/Materials/Horizons_Alarm_060111_small.pdf.

Kowalczyk L:


2. Exposure Hazards from Radiation Therapy and CT

Ionizing radiation is a vital tool for both therapy and diagnosis. But it can cause serious patient harm, instances of which have received national attention over the past few years (see, for example, the Bogdanich articles listed in both sections of the Resources).

In radiation therapy, very high levels of radiation are used to deliberately kill tumors. Unfortunately, errors during radiation therapy can have devastating consequences, including ineffective tumor control, as well as critical damage to normal tissue and organs that can lead to severe morbidity and death. It isn’t clear how many patients are affected by radiation therapy errors—for one thing, there isn’t an unambiguous definition of a reportable event—and there is a good chance that incidents are being significantly underreported.

In the diagnostic setting, much lower radiation levels are used, and only in extreme cases do noticeable short-term effects, such as hair loss, occur. But far more patients undergo diagnostic radiography, and any cancers resulting from these procedures may only become apparent many years later. CT is a particular concern because it’s being used more and more often and because it has a relatively high dose: It alone contributes about 50% of the entire
radiation dose from artificial sources (NCRP 2009), and one person in 1,000 would be expected to develop cancer in his or her lifetime from a typical CT study, which delivers a dose of approximately 10 mSv (National Academies 2006).

When used appropriately, CT is an indispensable diagnostic tool. However, both inappropriate use and inappropriate dose levels can lead to unnecessary radiation exposure to patients; controlling both is essential. One contributing factor is that image quality improves as dose levels are increased, so there is a natural tendency to use higher doses—a tendency facilitated by the lack of a legal maximum dose for CT. Moreover, most healthcare facilities do not routinely audit CT doses, so there is a wide variation in dose for the same types of studies. Consequently, many patients are likely to have been exposed to unnecessarily high radiation levels (Smith-Bindman et al. 2009).

There is a clear need for hospitals to implement robust measures to control these complicated risks. Increasing the focus on this topic is the Joint Commission’s Sentinel Event Alert titled “Radiation Risks of Diagnostic Imaging,” which was issued in August 2011 (see the Radiation Therapy Resources).

**Recommendations**

There is no simple fix to ensure that radiation for therapy and diagnosis is used safely and effectively. A comprehensive review of all aspects of operations and quality assurance is needed. ECRI Institute recommends the following:

**General**

- Ensure that staffing levels are adequate.
- Commit to a nationally recognized accreditation certification.
- Verify that appropriate quality assurance and quality control procedures are in place and documented. Oversight and peer review of these procedures should be conducted.

- Be aware of the above-mentioned Sentinel Event Alert issued by the Joint Commission.
- Ensure that systems are properly installed, commissioned, and maintained.
- Perform acceptance testing for new systems, as well as for system updates and modifications, and ensure that the integrated systems as a whole meet device performance specifications. (For radiation therapy, this would involve the simulation, treatment planning, delivery, and record and verify systems.)

**Specific Recommendations for Radiation Therapy**

- Ensure that standard patient treatment procedures are documented and followed, including performing independent double checks and conducting time-outs as appropriate.
- Develop and use standard checklists for each step of patient treatment.
- Ensure that new treatment techniques are validated before use.
- Assess whether your existing testing equipment is adequate for today’s advanced treatment systems.
- Examine the need for immediate or future additional staffing, training, or professional development activities.
- Verify that an appropriate subset of key parameters (e.g., radiation beam output) is tested regularly and frequently as part of an ongoing quality control program.

**Specific Recommendations for CT**

- Ensure that radiologists and medical physicists are accessible to all clinical staff for consultations and education regarding the appropriate use of diagnostic imaging.
- Ensure that radiation doses are as low as reasonably achievable while maintaining acceptable diagnostic image quality.
- Validate all study protocols before routine clinical use.
- Record and audit radiation doses.
- Provide guidance to radiologists and technologists regarding image quality and dose.
- Recommend applicable radiation dose mitigation technologies.

**Radiation Therapy Resources**

**Health Devices Alerts:**


ECRI Institute’s Patient Safety Blog:


ECRI Institute web conference:


Additional resources:

Bogdanich W:


Joint Commission. Radiation risks of diagnostic imaging. Sentinel Event Alert 2011 Aug 24; issue 47. Also available: www.jointcommission.org/assets/1/18/SEA_471.PDF.

National Council on Radiation Protection and Measurements (NCRP). Ionizing radiation...
NEW SELF-ASSESSMENT TOOL ADDED TO TOP 10 HAZARDS RESOURCE CENTER

We’re adding a brand-new feature to our Top 10 Technology Hazards Resource Center: the Health Technology Hazard Self-Assessment Tool. It allows you to gauge your risk of experiencing any of the hazards on our Top 10 list. For each of the hazards, you can send a brief survey to an appropriate person at your facility, who answers questions about how the relevant devices or systems are being used. The survey tool processes the answers and generates a bar graph that rates your level of risk for each of the hazards from low to high. This will help you to focus your mitigation strategies on the hazards that are most relevant to your institution. The self-assessment tool will be updated annually in conjunction with the release of each new Top 10 Hazards list.

In addition, the Top 10 Hazards Resource Center is being updated with the hazards for 2012. The site also includes links to the archive of previous year’s hazards and a video about the list from James P. Keller, Jr., vice president for health technology evaluation and safety, who directs the Health Devices Group.

You can access the Top 10 Resource Center from your membership home page.


CT Resources

Health Devices:
“CT Radiation Dose: Understanding and Controlling the Risks” (Guidance Article, 2010 Apr).
“Radiation Dose in Computed Tomography: Why It’s a Concern and What You Can Do about It” (Guidance Article, 2007 Feb).

Health Devices Resource Center:
Health Devices PowerPoint presentation:
“CT Radiation Dose Safety.”
ECRI Institute’s Patient Safety Blog:

Additional resources:

3. Medication Administration Errors Using Infusion Pumps

Patients can be highly sensitive to the amount of medication or fluid they receive from infusion pumps; what’s more, some medications are life-sustaining. Therefore, infusion programming mistakes such as mistyping data or entering it into the wrong field can have severe adverse effects, including death. Infusion pump technology has evolved over the years to address many safety issues, the most notable being the introduction of “smart” pumps. But preventable errors, including misprogramming, do still occur.

While administration is the area where errors are most likely to affect the patient (Kirkbride and Vermace 2011), the entire infusion process needs to be examined. This involves many healthcare professionals (doctors, nurses, and pharmacists) who perform various tasks that also may be ripe for mistakes. For example, medication orders may be illegible, drugs and solutions may be incorrectly prepared, and a medication may be given to the wrong patient.

Ensuring infusion safety requires teamwork among many departments within a facility and collaboration with infusion pump manufacturers.
In April 2010, FDA issued a white paper (FDA 2010 “Infusion Pump Improvement Initiative”) about improving infusion pump safety and announced that it would be reviewing reported problems and investigating current devices in order to aid in the development of safer and more effective infusion technologies and practices.

An FDA/AAMI Infusion Device Summit held in October 2010 identified a few hundred types of pump issues and grouped them into 13 “clarion themes.” AAMI then assembled an Infusion Device Safety Council, with members from academia, device suppliers, healthcare facilities, regulatory agencies, industry groups, and ECRI Institute, which is tackling the 13 clarion themes in 10 workgroups. Readers can learn more about the council and get involved at www.aami.org/Foundation/htsc/infusion/index.html. The proceedings from the safety summit are listed in the Resources.

Recommendations

› View infusion pumps as part of an overall medication delivery system, since infusion pumps are likely to become integrated with other information systems (e.g., pharmacy information system, electronic medical record [EMR]). Determine the pumps’ compatibility with safety systems that are currently in place.

› In addition to considering the hospital’s current needs, vendor support, and costs when choosing new infusion pump technology, focus on the technology’s possible integration with future medication safety systems, as well as its usability. For example, consider asking the pump supplier for the names of other sites that have integrated the pump with information systems from the major providers.

› Develop appropriate drug libraries for clinical areas that use infusion pumps. The libraries should have standardized concentrations of commonly used drugs and solutions. To determine appropriate concentrations, consult with other organizations and seek out best practices.

› When implementing a new infusion system, take advantage of vendor consulting programs. Consider requesting that a representative help the facility troubleshoot problems.

› Before and during purchasing, be sure to get buy-in from staff members who will be using the system, and emphasize to clinicians the importance of infusion pump technology safeguards. Be aware that there may be resistance to new workflows introduced with new infusion pump technology. Safety system noncompliance must be identified and rectified as soon as possible.

› Determine how and when infusion pump data will be captured, analyzed, and disseminated.

› Read the Infusion Device Safety Council report (AAMI 2010), and consider how your facility is addressing the 13 clarion themes.

4. Cross-Contamination from Flexible Endoscopes

Patient cross-contamination from improperly reprocessed flexible endoscopes has affected large groups of patients at hospitals large and small. At minimum, endoscope reprocessing problems, when discovered, can be detrimental to a facility’s reputation and can create anxiety when patients are told they may have been exposed to a contaminated endoscope. At worst, they can lead to life-threatening infections. Such incidents are almost always associated either with failure to follow established cleaning and disinfection/sterilization guidelines and instructions, or with the use of damaged or malfunctioning equipment.

Flexible endoscope reprocessing requires consistent adherence to a multistep procedure. Failure to properly perform any step, including some necessary manual

Resources

Health Devices:

“General-Purpose Infusion Pumps” (Evaluation, 2007 Oct).
“Patient-Controlled Analgesic Infusion Pumps” (Evaluation, 2006 Jan).
“Syringe Infusion Pumps with Dose Error Reduction Systems” (Evaluation, 2008 Feb).

Health Devices Resource Center:

Infusion Pumps [https://members2.ecri.org/Components/HDJournal/Pages/ResourceCenter_LVP0706-2471.aspx].

Additional resources:


Food and Drug Administration, U.S.:


Infusion pump improvement initiative [white paper online], 2010 Apr [cited 2011 May 5]. Available from Internet: www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/GeneralHospitalDevicesandSupplies/InfusionPumps/ucm205424.htm.

Infusion pump risk reduction strategies for facility administrators and managers [online], 2010 Apr 22 [cited 2011 Apr 21]. Available from Internet: www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/GeneralHospitalDevicesandSupplies/InfusionPumps/ucm205410.htm.

What is an infusion pump? [online], 2010 Apr 22 [cited 2011 May 5]. Available from Internet: www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/GeneralHospitalDevicesandSupplies/InfusionPumps/ucm202495.htm.


tasks, could compromise the integrity of the process.

On a more general note, in October 2011, FDA and AAMI held a Medical Device Reprocessing Summit to identify, discuss, and formulate strategic initiatives and priorities to improve reprocessing of reusable devices. The discussion topics included the definition of “clear,” design issues, personnel competency, and instructions for use. There was discussion of the general lack of understanding of reprocessing needs—for example, clinicians may prefer a given model of device but not appreciate that reprocessing that model could take more than the 15 or 30 minutes available between cases, meaning that reprocessing could be rushed and ineffective. Other key points included the desire for more standardized reprocessing protocols for similar equipment and the need for education and training for central processing personnel. One other helpful idea was reviewing device instructions before purchase. This would allow facilities to identify and possibly avoid devices that are extremely complicated or that call for equipment or supplies not currently in use, thereby eliminating the need to find or purchase additional materials when the device arrives in central processing the first time.

**Recommendations**

- Ensure that a specific reprocessing protocol exists for each flexible endoscope model in your facility’s inventory. Refer to the device’s user manual and consult the endoscope manufacturer to identify unique requirements (e.g., cleaning procedures, channel adapters) that need to be addressed within each protocol document. Remember to repeat this review for each newly purchased endoscope model, endoscope reprocessor, or related equipment and accessories.

- Periodically review protocols to ensure that they are clear and comprehensive and that they reflect the current environment. For example, verify that they don’t include obsolete workflows or equipment/chemicals that are no longer in use at the facility.

- When developing or reviewing protocols, ensure that all steps are addressed and documented in adequate detail—from precleaning of equipment at the treatment site to safe and aseptic transport of equipment back to the treatment site for subsequent use. (Typical steps in a reprocessing protocol are described in our October 2010 Guidance Article “Clear Channels: Ensuring Effective Endoscope Reprocessing.”)

- If your facility reprocesses endoscopy equipment using a reprocessing unit—such as an automated endoscope reprocessor, a liquid chemical sterilization system, or a gas plasma sterilizer—ensure that:
  - Endoscopes and related equipment in your facility’s inventory are compatible with the reprocessor and its disinfecting/sterilizing agent.
  - The appropriate channel adapters are available to connect the endoscope to the reprocessor, and staff are familiar with the correct endoscope/channel combinator combinations. Also ensure that staff have access to information on the correct combinations and know where this information is located if there are any questions.
  - Staff are familiar with and adhere to appropriate reprocessor maintenance schedules, including the periodic replacement of particulate and bacterial filters.

- Ensure that documented protocols are readily available to staff and that staff are trained to understand and follow them. Remember to periodically repeat training to ensure that staff remain familiar with the protocols and to address turnover. Also monitor adherence to protocols. Be alert to the possible need for revisions to protocols and training when a new endoscope model is added to your inventory.

**Resources**

Health Devices:
- “Clear Channels: Ensuring Effective Endoscope Reprocessing” (Guidance Article, 2010 Oct).
- “Clearing Up Confusion about the Steris System 1E: ECRI Institute’s Perspective on Its Appropriate Use” (Guidance Article, 2010 Dec).
- “Survey Results: Hospitals’ Status Regarding Steris System 1 Replacement” (Safety Note, 2010 Dec).

Health Devices Resource Center:

Additional resources:
5. Inattention to Change Management for Medical Device Connectivity

The growing interrelationship between medical technology and IT—a situation referred to as convergence—offers significant benefits, but it also raises significant concerns about potential risks to patients if the device-IT interface is poorly implemented. For example, new hazards can be introduced through unexpected problems with device performance—problems that occur because of inherent limitations within or interactions among any of the networked devices, interfaces, or IT-based systems. Hazards can arise from software anomalies, problems with interoperability between systems, and degraded network performance.

A key reason problems arise is the failure to implement adequate change management policies and procedures that accommodate both IT and medical technology needs. Change management is a structured approach for ensuring that modifications to an existing system are performed in a controlled manner. Because medical devices and health IT are becoming so interconnected, healthcare facilities must be aware of a possible domino effect wherein changes to one component of the system affect the operation of another.

ECRI Institute is aware of an increasing number of problems related to change management, including issues involving wireless networks, cybersecurity, planned maintenance, or software upgrades.

In one case involving software upgrades, a facility had an integrated physiologic monitoring system with features that allowed clinicians to access EMR flow sheets, use bar codes for medication administration, and view PACS images on a patient monitoring display (as opposed to bringing a workstation on wheels into the patient room). Unfortunately, when this facility performed a software upgrade to its physiologic monitoring system, the bar-code medication administration system that was integrated with the patient monitors went down. Since that incident, the facility performs extensive testing on every software upgrade before distribution. They test it in a test lab first, then in a staged room (where devices are configured and operate as they would in a hospital room but with no patient), and then distribute it to the hospital. In subsequent software upgrade testing, they have found that with every software update there are at least one to three issues that must be resolved before the software upgrade can be distributed.

**Recommendations**

- Take steps to ensure that changes are assessed, approved, and implemented in a controlled manner. Change management applies to a variety of actions, including hardware upgrades, software upgrades, security changes, new applications, new work processes, and planned maintenance.
- Evaluate your facility’s policies and procedures regarding change management to ensure that situations involving convergence and health IT are properly addressed. Care should be taken to determine how technology decisions involving medical devices and IT networks can affect current operations, patient care, and clinician work processes.
- Develop contract wording that is specific to change management. For example, contracts with vendors (e.g., information system vendors, device suppliers) should require the necessary documents (e.g., revised specifications, software upgrade documentation, test scenarios) to be provided to the appropriately designated hospital staff member(s) to facilitate change management.
- Consider applying risk management principles to change management as discussed in the IEC 80001-1 standard, *Application of Risk Management for IT-Networks Incorporating Medical Devices—Part 1: Roles, Responsibilities and Activities*. (Refer to our May 2010 Guidance Article “10 Questions about IEC 80001-1” for answers to some common questions about the standard.)
- Ensure good working relationships between departments—particularly IT and clinical engineering, since these two groups have a direct responsibility for convergence and change management.
- Remember that help desks are typically the first point of contact for problems relating to change management and health IT. Education, training, and good escalation procedures can help to ensure that help desks respond to problems with the appropriate urgency.

**Resources**

*Health Devices:*

“10 Questions about IEC 80001-1: What You Need to Know about the Upcoming Standard and Networked Medical Devices” (Guidance Article, 2010 May).

“CE/IT Collaboration: Putting the Pieces Together” (Guidance Article, 2009 May).

“Coping with Convergence: A Road Map for Successfully Combining Medical and Information Technologies” (Guidance Article, 2008 Oct).


Whenever possible, use enteral pumps. Examine any identifications currently available for enteral feeding, hospitals need to implement special precautions to minimize misconnection risks.

During enteral feeding usually take one of two forms:

1. Nutrients intended for the GI tract are inadvertently delivered elsewhere (e.g., the vasculature).
2. Inappropriate fluids (e.g., IV solutions) are inadvertently delivered to the GI tract.

By far, the first hazard is the more critical one: It can easily result in death, usually by embolus or sepsis (Bankhead et al. 2009).

In 2005, a voluntary standard, American National Standard ANSI/AAMI ID54:1996/(R)2005, Enteral Feeding Set Adapters and Connectors, was introduced to reduce the risk of misconnecting enteral administration sets to unintended medical lines that employ a female Luer connection. Unfortunately, this standard has not had a major impact in preventing misconnections. One reason is that, as a voluntary standard, it cannot actually prohibit the use of adapters (which can allow two lines to be connected that should not be).

FDA highlighted the dangers associated with misconnections of enteral feeding tubes in a July 9, 2010, letter to manufacturers, healthcare professionals, and purchasing departments (FDA 2010). FDA urged manufacturers to implement safeguards such as color-coding and to build “designed incompatibility” into their products to help reduce or prevent misconnections.

At this time, the International Organization for Standardization (ISO) is working on a standardized enteral connector. The group has a few design proposals on the table. However, after a design is selected, it will need to go through bench testing and clinical testing. It will therefore not be available for some time.

**Recommendations**

Given the limited non-Luer design solutions currently available for enteral feeding, hospitals need to implement special precautions to minimize misconnection risks. Below, we list recommendations specific to addressing these risks. In developing them, we made particular use of Bankhead et al. (2009) and Guenter et al. (2008).

We have divided the list into (1) work practice solutions directed toward clinical users and (2) policy-level solutions directed toward patient safety officers, clinical engineers, risk management staff, and purchasing (materials management) personnel. Some of the items are quoted directly from their sources, while others are paraphrased.

**Work Practice Solutions for Clinical Staff**

- Whenever possible, use enteral pumps for enteral feeding.
- Trace lines from end to end when making an initial connection (e.g., upon the patient’s arrival in a new setting or service) and any time you are making a reconnection.
- Never use a standard Luer syringe for oral medications or enteral feedings.
- Do not modify or adapt IV or feeding devices; doing so may compromise the safety features incorporated into their design.
- Label or color-code feeding tubes and connectors and, since there is no standard in color coding, educate staff about the labeling or color-coding system.
- Examine any identification label before administering a solution to be sure that it is administered via the intended route. Do not rely on the solution’s appearance for identification; enteral formula may look like some IV solutions (e.g., lipid-containing solutions, three-in-one admixtures), which have a milky appearance, thus creating the risk that an enteral container will be mistakenly spiked with an IV administration set. Label the bags with large, bold statements such as “WARNING! For Enteral Use Only—Not For IV Use.”

**Policy-Level Solutions for Nonclinical Staff**

- Purchase enough enteral pumps that IV pumps don't have to be used for enteral delivery. If syringe pumps are used in
neonatal intensive care units for human milk or other feedings, they should be clearly distinct from syringe pumps used for IV or other medical purposes. Consider using non-Luer tubing technologies to prevent mix-ups. Limit the length of contracts for purchasing administration sets to one year to allow for the switch to a standardized connector once available.

- Ensure that hospital purchasing policies mandate buying only enteral feeding sets that are compliant with the ANSI/AAMI ID54 standard, which excludes any sets that are compatible with female Luer connectors and excludes adapters that would allow such connections.

- When purchasing prefilled enteral feeding containers, purchase only those that are non-IV-compatible.

- Ensure that enteral administration sets are packaged with the enteral feeding bag or container before it is sent to the patient care unit. The set should be secured to the bag, perhaps with a rubber band, or preattached sets should be requested from the manufacturer.

- Obtain enteral pumps that feature an automatic flush mode. This will keep clinicians from having to manually flush lines and therefore will make them less likely to use an adapter or Luer device between the enteral administration set and the feeding tube.

Resources

Health Devices:
“Fixing Bad Links: Preventing Misconnections in Your Hospital” (Guidance Article, 2009 Jul).

Additional resources:
Food and Drug Administration, U.S.:


7. Surgical Fires
ECRI Institute continues to receive reports of surgical fires at a rate of about one or two per week. Our research indicates that there are approximately 600 surgical fires in the United States each year. Not all surgical fires result in patient injury, but when they do, the consequences can be severe, including potentially fatal airway burns and horrible facial disfiguration.

Virtually all surgical fires can be avoided. But doing so requires that each member of the surgical team clearly understands the role played by oxidizers, ignition sources, and fuels in the operating room. Each team member should also make a point of communicating information on the risks to other team members—intraoperatively or in seminars, for example.

In 2009, new clinical practice recommendations for delivering oxygen during surgery were developed by ECRI Institute in conjunction with the Anesthesia Patient Safety Foundation (APSF). These recommendations—which focus on surgeries to the head, face, neck, and upper chest, during which oxygen accumulation creates an enriched atmosphere—are discussed in detail in our October 2009 Guidance Article “New Clinical Guide to Surgical Fire Prevention” and summarized in our second recommendation below:

Some healthcare facilities take active steps to educate staff on the dangers of surgical fires. One healthcare system, for example, has heightened its clinicians’ awareness of the risks of surgical fires by adding a Surgical Fire Risk Assessment Score (www.christianacare.org/FireRiskAssessment) to its perioperative forms for verifying the surgical site and patient identification (Mathias 2006). Before surgery, the surgical team is required to identify and assess several fire risk potentials—including, for example, the use of alcohol-based skin prep solutions and the use of open oxygen sources on the face. The initiative at this healthcare system has served to stimulate collaborative communication among surgical team members.

Formal training and drills are recommended by ECRI Institute and APSF. APSF commissioned ECRI Institute to produce a training video on surgical fires. The 18-minute video is available as a free download from the APSF website (www.apsf.org/resources_video.php); the organization also offers DVDs of the video at no charge. ECRI Institute’s surgical fire prevention and extinguishment educational
If you don’t already have one, implement a surgical fire prevention and management program, including training, based on the recommendations for preventing and extinguishing surgical fires presented in our October 2009 Guidance Article.

To minimize the risks posed by oxygen-enriched atmospheres, become familiar with and implement the new clinical recommendations on oxygen delivery from APSF and ECRI Institute. (Again, see our October 2009 Guidance Article and educational posters for details.) The core point of these recommendations is that, with certain limited exceptions, the traditional practice of open delivery of 100% oxygen should be discontinued during head, face, neck, and upper-chest surgery. Only air should be used for open delivery to the face, provided that the patient can maintain safe blood oxygen saturation without supplemental oxygen. If the patient cannot do this, secure the airway with a laryngeal mask airway or tracheal tube to prevent the excess oxygen from contaminating the surgical site.

The surgical team should have a time-out before the case begins and assess any fire risks. Ensure that this time-out is conducted effectively.

**Recommendations**

- If you don’t already have one, implement a surgical fire prevention and management program, including training, based on the recommendations for preventing and extinguishing surgical fires presented in our October 2009 Guidance Article.

- To minimize the risks posed by oxygen-enriched atmospheres, become familiar with and implement the new clinical recommendations on oxygen delivery from APSF and ECRI Institute. (Again, see our October 2009 Guidance Article and educational posters for details.) The core point of these recommendations is that, with certain limited exceptions, the traditional practice of open delivery of 100% oxygen should be discontinued during head, face, neck, and upper-chest surgery. Only air should be used for open delivery to the face, provided that the patient can maintain safe blood oxygen saturation without supplemental oxygen. If the patient cannot do this, secure the airway with a laryngeal mask airway or tracheal tube to prevent the excess oxygen from contaminating the surgical site.

- The surgical team should have a time-out before the case begins and assess any fire risks. Ensure that this time-out is conducted effectively.

**Resources**

- **Health Devices:**
  - Posters (available free of charge at www.ecri.org/surgical_fires):
    - “Surgical Fire Prevention.”
    - “Emergency Procedure—Extinguishing a Surgical Fire.”

- Health Devices PowerPoint presentation:
  - “New Clinical Guide to Surgical Fire Prevention.”

- Additional resources:

**8. Needlesticks and Other Sharps Injuries**

Exposure to bloodborne pathogens (hepatitis B virus [HBV], hepatitis C virus [HCV], and human immunodeficiency virus [HIV]) from needlesticks and other sharp instruments used in the healthcare environment continues to be a serious problem. According to a report from the Massachusetts Sharps Injury Surveillance System, the year 2009 saw a sharps injury rate among hospital workers of 28 injuries per year per 100 occupied beds (Massachusetts Department of Public Health 2010).

Sharps injuries include those sustained (and inflicted on others) by clinicians trying to activate needlestick-prevention devices. A recent article published in *Infection Control & Hospital Epidemiology* concluded that passive safety-engineered devices were significantly more effective than those that were manually activated. During this study, more than one-fourth of all the needlestick injuries were from nonactivation or incomplete activation of the device and could have been avoided (Tosini et al. 2010). What’s more, clinicians and custodial staff continue to get stuck while using or handling sharps disposal containers.

Most hospitals have ongoing programs to address sharps safety. But these programs may have been established some time ago and may no longer be receiving adequate attention or achieving their expected level of effectiveness. Continuing injuries are a signal that additional attention is needed; it could be that clinicians are using poor technique, that the safety devices being used should be replaced with more effective models, or that gaps exist in the facility’s sharps safety program.

An effective sharps safety program will include input from a variety of stakeholders. Thus, a typical sharps safety
committee will include personnel from risk management, materials management, nursing, clinical laboratory, and pharmacy, as well as the patient safety committee, frontline healthcare workers (in the United States, the Occupational Safety and Health Administration [OSHA] requires that they be involved), and housekeeping staff.

A new campaign called “Stop Sticks,” launched in 2011 by the National Institute for Occupational Safety and Health (NIOSH), is designed to raise awareness about sharps safety and to prepare and motivate healthcare workers—mainly operating room and emergency department staff—to make the changes necessary to reduce sharps injuries. More information is available online (see “CDC/NIOSH Stop Sticks Campaign” in the Resources).

**Recommendations**

To achieve consistent success in preventing needlesticks and other sharps injuries, facilities should annually review and refine all aspects of their sharps safety efforts. We recommend that the sharps safety committee perform the following activities:

- Assess injuries and current practices—Analyzing information about needlesticks and other sharps injuries that have occurred in your facility is essential for designing or assessing a program. Such an analysis can help you identify where and when (e.g., during which procedures or applications) such injuries typically occur. For instance, if your hospital already has sharps safety devices in place, historical and current data is helpful for deciding whether a particular safety device should be replaced with a new one.

- Define specific objectives—The data collected on injuries, devices, and current practices will help you define or refine the objectives of your program and prioritize your efforts.

- Establish an action plan—Within each action plan, each identified category of injury should have some plan for remediation or recommendation for action. The plan should also specify who is responsible for implementing particular aspects of the program, when specific milestones should be completed, and what results the facility expects to achieve.

- Implement the program—Some of the more challenging aspects include:
  - Ensuring that all personnel on all shifts are trained.
  - Obtaining supplier support for in-service training on the use of the protective devices that will be implemented.
  - Making supplies readily available and removing sharps that are to be replaced by protective devices.

- Evaluate the program’s effectiveness annually, using the above recommendations for guidance.

**Resources**

**Health Devices:**


“Sharps Disposal Containers” (Evaluation, 2003 Jul); many of the containers rated in this Evaluation are still on the market, and the technology guidance is still valid.


**Health Devices Alerts:**


**ECRI Institute Special Report:**

*Sharps Safety and Needlestick Prevention*, 2nd edition (2003); this publication includes our evaluations of more than 90 protective devices, many of which are still on the market.

**Additional resources:**


Centers for Disease Control and Prevention/National Institute for Occupational Safety and Health. The Stop Sticks campaign: campaign user’s guide and resources. Available from Internet: www.cdc.gov/niosh/stopsticks/.


**9. Anesthesia Hazards due to Incomplete Pre-use Inspection**

Each year, we receive reports of staff members discovering serious problems with anesthesia equipment just before it is to be used on a patient. There are also many reports in FDA’s Manufacturer and User Facility Device Experience (MAUDE) database describing problems that were discovered while the device was in use on a patient. These reports cover misconnected breathing circuits, ventila-
Before the first case of the day, perform an equipment inspection that includes the model-specific, manufacturer-prescribed full check of the anesthesia unit. Before each subsequent case, make sure that any inspection of the anesthesia unit is, at minimum, the manufacturer-prescribed abbreviated check for that model of anesthesia unit. If you’re unsure whether you’re using the correct procedure for the anesthesia unit models in your inventory, contact the manufacturer.

Ensure that staff members or anyone responsible for pre-use checks is familiar with the procedure and the critical need to perform it in its entirety.

Facility policy should clearly indicate which staff member (or members) is responsible for performing the check. This is particularly important in facilities where the procedure is split up among different roles (for example, the anesthesia provider performs some steps, and the anesthesia technicians perform others).

Include in the inspection not just the anesthesia unit, but also other important devices and accessories (e.g., airway suctioning equipment, manual resuscitators) that may not be specified in the procedure for the unit.

Make sure the pre-use check procedure is easily accessible. If a hard copy of the procedure is required, make sure that it is physically attached to the anesthesia unit or is placed in some other equally prominent location. Many later-model anesthesia units perform much of the procedure semiautomatically or display step-by-step procedures onscreen. However, any manual portions of the procedure, such as those that must be performed or confirmed by a human, should be specified on the attached hard-copy checklist.

Be sure to document the results of the pre-use inspection to allow providers to confirm that all necessary steps have been performed.

**Recommendations**

To help ensure that anesthesia units and related equipment are safe for patient use, we recommend that the appropriate staff member or members (e.g., anesthetists, anesthesia technicians, or nurse anesthetists) do the following:

- Ensure that staff members or anyone responsible for pre-use checks is familiar with the procedure and the critical need to perform it in its entirety.

- Facility policy should clearly indicate which staff member (or members) is responsible for performing the check. This is particularly important in facilities where the procedure is split up among different roles (for example, the anesthesia provider performs some steps, and the anesthesia technicians perform others).

- Include in the inspection not just the anesthesia unit, but also other important devices and accessories (e.g., airway suctioning equipment, manual resuscitators) that may not be specified in the procedure for the unit.

- Make sure the pre-use check procedure is easily accessible. If a hard copy of the procedure is required, make sure that it is physically attached to the anesthesia unit or is placed in some other equally prominent location. Many later-model anesthesia units perform much of the procedure semiautomatically or display step-by-step procedures onscreen. However, any manual portions of the procedure, such as those that must be performed or confirmed by a human, should be specified on the attached hard-copy checklist.

- Be sure to document the results of the pre-use inspection to allow providers to confirm that all necessary steps have been performed.

**Resources**

**Health Devices**

- “Anesthesia System Pre-use Checks: The Importance of Performing a Complete Check on a Consistent Basis” (Evaluation box article, 2006 Jul).
- “Dangerous Misconnection Goes Undetected by Datex-Ohmeda ADU’s Pre-use Check” (Hazard Report, 2009 Feb).

**Additional resource:**


**10. Poor Usability of Home-Use Medical Devices**

As the U.S. population rapidly ages and the number of individuals living with chronic conditions increases, more patients are receiving medical care in their homes. Unlike hospitals and nursing homes, home care settings involve limited direct supervision of caregivers and equipment performance. These factors increase the risk that problems, errors, and hazards may go undetected or unreported.

Often, devices that are used in the home are not designed with the lay user in mind. They are frequently very difficult to use or very complex, and in fact may sometimes be identical to devices used in the hospital by clinicians. In addition, there may be inadequate training for the patient or caregiver. Since June 2010, ECRI Institute has published three Hazard Reports related to problems with medical devices used in the home, all of them involving devices that were not inherently easy to use. One report noted that an alarm could be disabled on an oxygen concentrator when a low-flow flowmeter is placed on...
the device; in another, model-specific variations in how ventilator parameters are set could cause improper ventilation; in the third, pressing a specific key on an enteral feeding pump could cause it to appear to be infusing even though an occlusion exists. (See the three Health Devices articles listed in the Resources.)

FDA is also concerned about hazards involving medical devices in use in the home and launched an initiative in April 2010 to scrutinize the issues with these devices. According to FDA, approximately 7.6 million individuals in the United States currently receive home healthcare. FDA has identified three unique challenges of the home environment: caregiver knowledge, environmental unpredictability, and device usability. In the area of device usability, FDA outlines the following concerns: Many of the devices used in the home are older and have no labeling or instructions for use or maintenance with them. And if they do, the instructions are not typically written for the lay user. Further, patients usually cannot choose the device they use in the home; it is either prescribed by a doctor or depends on the patient’s insurance or medical equipment supply company. Finally, some devices purchased on the Internet may not come with instructions covering use or maintenance, or information about compatible accessories (FDA 2010).

**Recommendations**

- Assess the patient and caregiver(s) before prescribing any medical device to ensure that the patient can use the technology appropriately. Reassess the patient regularly and any time the patient experiences a clinical event.
- Ensure that patient education materials are provided to patients and their caregivers so that they can be easily referenced over time.
- When patients leave the hospital, be sure that they have appropriate contact information for the hospital or the home health agency, in case they have questions on the use of the medical device.
- Educate patients and their family members or caregivers on the appropriate use of the technology, and ensure that they understand the relative risks and benefits involved.
- When purchasing devices, be sure to consider the home healthcare market. Look for devices that are designed for the lay user. Do not consider using older hospital medical equipment for home use purposes unless it has been expressly designed for that application.
- Ensure that you are receiving recalls and alerts on all devices that are prescribed to patients. Ensure that procedures are in place to disclose information about adverse events and recalls to the patient and that the procedures clearly define who is responsible for the disclosure and what is required of the patient.

**Resources**

Health Devices:

- “Incorrect Key Presses May Cause Nutricia Flocare Infinity Series Enteral Feeding Pumps to Appear to Be Infusing Even Though an Occlusion Exists” (Hazard Report, 2011 May).
- “Unfamiliarity with Differences in the Way Ventilators Set Pressure-Control Values May Lead to Lung Injuries” (Hazard Report, 2010 Jun).

Additional resources:

Food and Drug Administration, U.S.: